

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
AQUATIC MANAGEMENT CONCENTRATION**

GENERAL EDUCATION CORE REQUIREMENTS

COURSES IN MAJOR (51 credits total)

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121	Diversity of Life 4 _____
*	BIO	122	World of Cells 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences (Division III)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	217	Fitness Swimming	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
Sophomore Year			
SFL	200	Perceptual Motor Development	_____
		OR	
SFL	221	Perceptual Motor Learning	4 _____
SFL	251A	First Responder Training	3 _____
SFL	393B	Lifeguard Training	3 _____
SFL	_____	Dance	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Junior Year			
SFL	215B	Aquatic Administration & Facility Operation	3 _____
SFL	373	Leisure & Fitness Programming & Management	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	3 _____
SFL	_____	Adventure	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Senior Year			
SFL	213B	Aquatic Therapy	3 _____
SFL	309	Kinesiology	3 _____
+	SFL	_____	3 _____
	SFL	_____	3 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
Required Support Courses (7 credits)			
BIO	206	Structure/Function of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
FREE ELECTIVES (14 credits minimum)			
May be necessary to take additional credits to attain the minimum 120 credits required for graduation.			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.

Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.

+ Recommended Department Electives: SFL 240B, 331, 340A, 370, 372A, 490A, 410, 510.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION

Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
ATHLETIC TRAINING CONCENTRATION**

GENERAL EDUCATION CORE REQUIREMENTS

COURSES IN MAJOR (51 credits total)

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	200	Anatomy & Physiology I 4 _____
*	BIO	201	Anatomy & Physiology II 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
*	CHE	124	Gen. Chem. Life Sci. 4 _____
*	CHE	125	Chem. Life Processes 4 _____
_____	_____	_____	_____
Social Sciences (Division III)			
*	PSY	101	General Psychology 3 _____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q) _____ DIVERSITY (V) _____ WRITING (W) _____			

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	251A	First Responder Training	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	349	Care & Prevention Athletic Injury	3 _____
SFL	_____	Adventure	1 _____
SFL	_____	Dance	1 _____

Sophomore Year			
SFL	240B	Nutrition and Physical Performance	3 _____
SFL	309	Kinesiology	3 _____
SFL	350A	Injury Evaluation Upper Body	3 _____
SFL	351	Athletic Train. Practicum I	3 _____
SFL	353	Injury Evaluation Lower Body	3 _____

Junior Year			
SFL	354	Therapeutic Exercise	3 _____
SFL	355	Athletic Train. Practicum II	3 _____
SFL	389	Diseases & Illness of the Physically Active	3 _____
SFL	451	Therapeutic Modalities	3 _____
SFL	452	Athletic Train. Practicum III	3 _____

Senior Year			
SFL	454	Org. & Adm. Athletic Programs	3 _____
SFL	453	Athletic Train. Practicum IV	3 _____
SFL	479	Senior Seminar in Athletic Training	2 _____

REQUIRED SUPPORT COURSES (11 credits total)			
BIO	105	Biological Systems	4 _____
BIO	324	Exercise Physiology	3 _____
IDS	375	Research Practicum	1 _____
MAT	247	Statistics I	3 _____

FREE ELECTIVES (8 credits minimum)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

May be necessary to take additional credits to attain the minimum 120 credits required for graduation.

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.
 Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION
 Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
COACHING CONCENTRATION**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121	Diversity of Life 4 _____
*	BIO	122	World of Cells 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences (Division III)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (51 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
Sophomore Year			
SFL	200	Perceptual Motor Development OR	
SFL	221	Perceptual Motor Learning	4 _____
SFL	220B	Management of SFL Studies	3 _____
SFL	250A	Intro to Athletic Training	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Junior Year			
SFL	251A	First Responder Training	3 _____
SFL	309	Kinesiology	3 _____
SFL	327B	Legal Issues in Sport, Fitness & Leisure Sts.	3 _____
SFL	331A	Sport Psychology	3 _____
+	SFL	_____	3 _____
	SFL	_____ Dance	1 _____
	SFL	_____ Adventure	1 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
Senior Year			
+	SFL	_____	3 _____
	SFL	_____	3 _____
	SFL	_____	3 _____
	SFL	_____	3 _____
Required Support Courses (7 credits total)			
BIO	206	Structure and Function	4 _____
BIO	324	Exercise Physiology	3 _____
FREE ELECTIVES (14 credits minimum)			
May be necessary to take additional credits to attain the minimum 120 credits required for graduation.			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.
 Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.
 + Concentration Electives chosen from SFL 215B, 332, 333, 334, 335, 336, 337, 338, 339, 371A, 385, 410, 430A, 431A, 530.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION
 Exceptions in the timing of courses will be made for transfer students.

Total minimum credits for graduation: 120

Effective: 9/07

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT FITNESS AND LEISURE STUDIES
FITNESS/WELLNESS CONCENTRATION**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121 Diversity of Life	4 _____
*	BIO	122 World of Cells	4 _____
	HIS	101 History of World Civilization I	3 _____
	HIS	102 History of World Civilization II	3 _____
_____	_____	(Literature I)	3 _____
_____	_____	(Literature II)	3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences (Division III)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (51 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	251A	First Responder Training	3 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Sophomore Year			
SFL	200	Perceptual Motor Development	
	OR		
SFL	221	Perceptual Motor Learning	4 _____
SFL	240B	Nutrition and Physical Performance	3 _____
+	SFL	_____	3 _____
	SFL	_____ Adventure	1 _____
+	SFL	_____	1 _____
	SFL	_____	1 _____
Junior Year			
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	309	Kinesiology	3 _____
SFL	340A	Design & Eval. of Fitness/Wellness Prog.	3 _____
SFL	373	Leisure/Fitness Prog. & Mgmt.	3 _____
+	SFL	_____	3 _____
	SFL	_____ Dance	1 _____
	SFL	_____	1 _____
Senior Year			
SFL	327A	Legal Issues in SFL Studies	3 _____
SFL	261	Intro. to Health Education & Health Promotion	3 _____
SFL	440A	Dir.Fld. Exp. in Fitness/Wellness	3 _____
+	SFL	_____	3 _____
	SFL	_____	1 _____
	SFL	_____	1 _____
REQUIRED SUPPORT COURSES (7 credits minimum)			
BIO	206	Struct./Funct. of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
FREE ELECTIVES (14 credits minimum)			
May be necessary to take additional credits to attain the minimum 120 credits required for graduation.			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.

Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.

+ Recommended Major Electives chosen from SFL 217, 250A, 327B, 370, 372A, 431A, 540A. Recommended activity elective is SFL 153.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION

Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
HEALTH & CONSUMER SCIENCE CONCENTRATION
HEALTH/FAMILY AND CONSUMER SCIENCE TEACHER LICENSURE (PRE-K-12)**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (20 credits)			
*	BIO	200	Anatomy & Physiology I W/lab 4 _____
*	BIO	201	Anatomy & Physiology II W/lab 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
Science/Mathematics (Division II)			
*	CHE	124	Gen. Chem. Life Sci. 4 _____
*	CHE	125	Chem. Life Processes 4 _____
Social Sciences (Division III)			
*	PSY	101	General Psychology 3 _____
*/+	HIS	_____	American Government 3 _____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (43 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	198	Movement Science and Health Pedagogy	3 _____
Sophomore Year			
SFL	200	Perceptual Motor Development	4 _____
SFL	231	Consumer Health	3 _____
SFL	261	Intro to Health Ed & Health Promotion	3 _____
SFL	240B	Nutrition & Physical Performance	3 _____
SFL	_____	Adventure	1 _____
Junior Year			
SFL	230	Issues In Public and Community Health	3 _____
SFL	234	Techniques for Healthy & Safe Food Prep	3 _____
SFL	251A	First Responder Training	3 _____
SFL	389	Disease & Illness of the Physically Active	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	_____	Dance	1 _____
Senior Year			
SFL	324B	Phys Ed& Health for Child W/Special Needs	3 _____
SFL	360B	Methods & Mats in Hlth/Fam & Consum Sci	3 _____
SFL	443B	Directed Fld Exp Hlth/Family & Consum Sci	2 _____
REQUIRED SUPPORT COURSES (16 credits total)			
*	BIO	105	Biological Systems 4 _____
*	IDS	320	Human Sexuality 3 _____
*	PSY	218	Childhood and Asolescence 3 _____
*	SOC	332	Sociology of the American Family 3 _____
*	EDU	319A	Day Care Teaching and Administration 3 _____
PRACTICUM (12 credits total)			
EDU	473B	Stdnt Teach in Hlth/Fam & Consum Sci(PreK-12)	12 _____
FREE ELECTIVES (0 credits minimum)			

May be necessary to take additional credits to attain the minimum 120 credits required for graduation.

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.

Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.

+ Students may choose from HIS 204, 208, or 319.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION

Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
LEISURE STUDIES CONCENTRATION**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121	Diversity of Life 4 _____
*	BIO	122	World of Cells 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences (Division III)			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (48 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	_____	_____	1 _____
Sophomore Year			
SFL	200	Perceptual Motor Development OR	
SFL	221	Perceptual Motor Learning	4 _____
SFL	251A	First Responder Training	3 _____
SFL	270	Intro. to Leisure Studies	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	_____	_____	3 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Junior Year			
SFL	370	Leisure Services & Facilities	3 _____
SFL	373	Leisure/Fitness Prog. & Mgmt.	3 _____
SFL	374	Commercial Recreation	3 _____
SFL	_____	Adventure	1 _____
SFL	_____	Dance	1 _____
SFL	_____	_____	3 _____
SFL	_____	_____	1 _____
SFL	_____	_____	1 _____
Senior Year			
SFL	471	Rec. Leadership & Group Dynamics	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	1 _____
+			
REQUIRED SUPPORT COURSES (10 credits total)			
BIO	206	Struct./Funct. of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
MGT	231	Management Theory & Practice	3 _____
FREE ELECTIVES (14 credits minimum)			
May be necessary to take additional credits to attain the minimum 120 credits required for graduation.			
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.
 Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.
 + Concentration Elective chosen from SFL 215B, 327B, 340A, 371A, 372A, 431A, 470, 570.

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION
 Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
PHYSICAL EDUCATION CONCENTRATION
TEACHER LICENSURE ELEMENTARY OPTION**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121 Diversity of Life	4 _____
*	BIO	122 World of Cells	4 _____
	HIS	101 History of World Civilization I	3 _____
	HIS	102 History of World Civilization II	3 _____
	_____	(Literature I)	3 _____
	_____	(Literature II)	3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
Social Sciences (Division III)			
*	PSY	101 General Psychology	3 _____
*	PSY	251 Child Growth	3 _____
+	_____	American Government Course	_____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (51 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	198	Movement Science/Hlth Pedagogy	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	_____	_____	1 _____
Sophomore Year			
SFL	200	Perceptual Motor Development	4 _____
SFL	251A	First Responder Training	3 _____
SFL	255	Trgt/Strk/Fld Games	1 _____
SFL	292	Basic Gymnastics	1 _____
SFL	390A	Movement Exp for Children	1 _____
SFL	_____	Adventure	1 _____
Junior Year			
SFL	293	Folk, Social & Square Dance	1 _____
SFL	309	Kinesiology	3 _____
SFL	321R	Teaching Elementary Physical Education	3 _____
SFL	323A	Tests, Measurements & Assessment	3 _____
SFL	324	P.E. & Health for Children W/ Special Needs	3 _____
SFL	327B	Legal Issues in SFL Studies	3 _____
SFL	356	Territorial Games	1 _____
SFL	494A	Net/Wall Games	1 _____
SFL	_____	_____	1 _____
Senior Year			
SFL	420	Directed Field Experience in PE.	3 _____
SFL	421	Philosophical Aspects of PE.	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	3 _____
REQUIRED SUPPORT COURSES (7 credits Total)			
BIO	206	Struct./Funct. of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
PRACTICUM (12 credits Total)			
EDU	462C	Student Teaching in Elementary PE	12 _____
FREE ELECTIVES (2 credits minimum)			
_____	_____	_____	_____
_____	_____	_____	_____

May be necessary to take additional credits to attain the minimum 120 credits required for graduation.

* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.
 Note: If a course is used to satisfy two or more requirements, (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the total credits required for graduation.
 + Students may choose from HIS 204, 208, or 319

LEVEL I TO BE COMPLETED IN THE FIRST 30 CREDITS LEVEL II TO BE COMPLETED IN THE FIRST 53 CREDITS LEVEL III TO BE COMPLETED BEFORE GRADUATION
 Exceptions in the timing of courses will be made for transfer students.

Advisor: _____

Name: _____

Date admitted into Major: _____

Transfer credits: _____

**BACHELOR OF SCIENCE
SPORT, FITNESS AND LEISURE STUDIES
PHYSICAL EDUCATION CONCENTRATION
TEACHER LICENSURE SECONDARY OPTION**

GENERAL EDUCATION CORE REQUIREMENTS

Competencies			
<input type="checkbox"/>	Basic College Math		
<input type="checkbox"/>	Reading Comprehension		
<input type="checkbox"/>	Computer Literacy		
ENG	101	Composition I	3 _____
ENG	102	Composition II	3 _____
SPC	101	(Public Speaking)	3 _____
SFL	_____	(Health)	3 _____
SFL	_____	(Activity)	.5 _____
SFL	_____	(Activity)	.5 _____
Distribution Sequences (18-20 credits)			
*	BIO	121	Diversity of Life 4 _____
*	BIO	122	World of Cells 4 _____
	HIS	101	History of World Civilization I 3 _____
	HIS	102	History of World Civilization II 3 _____
	_____	_____	(Literature I) 3 _____
	_____	_____	(Literature II) 3 _____
Distribution Electives (15 credits)			
Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.			
Humanities (Division I)			
_____	_____	_____	_____
Science/Mathematics (Division II)			
_____	_____	_____	_____
Social Sciences (Division III)			
*	PSY	101	General Psychology 3 _____
*	PSY	252	Adolescent Psychology 3 _____
*/+	_____	_____	American Government Course _____
(Note: Courses allowable as distribution electives are marked DI, DII, or DIII in the College Catalog.)			
QUANTITATIVE (Q)	_____	DIVERSITY (V)	_____
		WRITING (W)	_____

COURSES IN MAJOR (51 credits total)

Freshman Year			
SFL	171	Fund. of Exercise & Conditioning	1 _____
SFL	185	Intro to SFL Studies	3 _____
SFL	198	Movement Science/Hlth Pedagogy	3 _____
SFL	291	Basic Swim. & Water Safety	1 _____
SFL	_____	_____	1 _____
Sophomore Year			
SFL	221	Perceptual Motor Learning	4 _____
SFL	251A	First Responder Training	3 _____
SFL	255	Trgt/Strk/Fld Games	1 _____
SFL	292	Basic Gymnastics	1 _____
SFL	_____	Adventure	1 _____
SFL	_____	_____	1 _____
Junior Year			
SFL	293	Folk, Social & Square Dance	1 _____
SFL	309	Kinesiology	3 _____
SFL	322P	Teaching Secondary Physical Education	3 _____
SFL	323A	Tests, Measurements & Assessment	3 _____
SFL	324	P.E. & Health for Children W/ Special Needs	3 _____
SFL	327B	Legal Issues in SFL Studies	3 _____
SFL	356	Territorial Games	1 _____
SFL	494A	Net/Wall Games	1 _____
SFL	_____	_____	1 _____
Senior Year			
SFL	420	Directed Field Experience in PE.	3 _____
SFL	421	Philosophical Aspects of PE.	3 _____
SFL	_____	_____	3 _____
SFL	_____	_____	3 _____
REQUIRED SUPPORT COURSES (7 credits)			
BIO	206	Struct./Funct. of Human Body	4 _____
BIO	324	Exercise Physiology	3 _____
PRACTICUM (12 credits)			
EDU	472C	Student Teaching in Secondary PE	12 _____
FREE ELECTIVES (2 credits minimum)			
_____	_____	_____	_____
_____	_____	_____	_____

May be necessary to take additional credits to attain the minimum 120 credits required for graduation.

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