



## SOCIAL WORK

Interim Director: Cheryl Springer

Professor Christopher G. Hudson, Chairperson

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### Faculty Emeritae

*Associate Professors:* Theresa Bouhot, Pharnal Longus, Lois M. Martin, Patricia L. Roderick

### PROGRAMS OFFERED

#### Bachelor of Social Work

#### Option:

Foreign Language

#### Minor

Social Work

### PROGRAMS IN SOCIAL WORK

The profession of Social Work is devoted to assisting the problem-solving efforts of individuals, groups and communities in providing for basic human needs. The philosophy of the School of Social Work is based on the assumption that social conditions are a source of many problems and that the private troubles of clients are usually representative of larger public issues which have a negative impact on many people. The Generalist social worker is prepared to intervene in any of the systems which generate problems in clients' lives.

The primary objective of the Bachelor of Social Work Program is to prepare students as Generalists for beginning practice in Social Work. The program is accredited by the Council on Social Work Education.

The Bachelor of Social Work degree provides a balanced mixture of liberal arts courses with a heavy concentration in the behavioral and social sciences. In addition to completing the required courses in the major, students spend a minimum of 425 hours in a social work agency during their senior year. The curriculum provides an in-depth knowledge of Social Work values, methods, skills and practice areas, preparing students for entry level Social Work competencies in a variety of helping settings and for entrance to graduate Social Work programs. Upon receiving their BSW degree, graduates are eligible to take the exam for licensure at the Licensed Social Workers (LSW) level from the Commonwealth of Massachusetts.

The **Bachelor of Social Work degree** consists of 42 credits hours of Social Work courses, practicum, field work and seminar; 21 credits hours of support courses in the behavioral and social sciences; 38 credits hours of distribution courses in the humanities, natural sciences/mathematics and social sciences; 13 credits hours in basic skills and 12 credits hours for free electives.

### The Bachelor of Social Work degree

Foreign Language Option, consists of 39 credits hours of Social Work courses, practicum, field work and seminar; 30 credits hours of support courses in the behavioral and social sciences, including 12 hours in foreign language (Spanish recommended); 38 credits hours of distribution courses in the humanities, natural sciences/mathematics and social sciences; 13 credits hours in basic skills and 6 credits hours for free electives. This curriculum prepares students for an entry-level competency in a variety of social work settings for working with non-English speaking populations and for entrance to graduate programs in disciplines that require a foreign language background.

### Field Work Readiness--Academic Requirements

In order to proceed sequentially, a student takes HIS 209N History of US Social Welfare at the same time as enrolling in the first Social Work course. A student must achieve a cumulative grade point average of B- or better in SWK 100 and SWK 200 (or equivalent) in order to proceed to SWK 301. A student must receive a grade of B- or better in SWK 301 in order to move to SWK 302.

The student must achieve a cumulative grade point average of B- in five Social Work courses prior to being considered for a field work agency assignment. The School of Social Work adheres to the College Writing Skills Policy.

### Non-Academic Requirements.

The students' readiness for assignment to a field placement will be assessed by their level of maturity and responsibility and their commitment to the values and ethics of the field of Social Work as ascertained in consultation with their academic advisor. The student should consult the School of Social Work Handbook for the criteria of these non-academic requirements.

### Additional Information.

Students who have had considerable volunteer and/or employment experience in the social services should consult with the BSW Program Coordinator. Opportunity to reflect on and analyze this prior experience may be arranged through enrollment in the course, SWK 510 Directed Study in the Generalist Approach (3 credits hours).

### For a Minor in Social Work.

The Department requires 15 credits hours of course work including SWK 100, Introduction to Social Welfare (3 cr.); SWK 200, Social Services Volunteer Practicum (3 cr.); and SWK 270, Race, Class, and Ethnicity: Impact on Social Services (3 cr.). In addition, students select two more courses (6 cr.) from the Department's offerings excluding SWK 301, Generalist Practice I; SWK 302, Generalist Practice II; SWK 380, Research Methods; and SWK 404 through SWK 407, Field Work and Field Work Seminar courses. Students minoring in Social Work are not eligible for state licensing upon graduation, but may find this preparation helpful in selecting a career direction or in considering graduate school in social work.

All students may enroll in certain courses offered to non-majors on a space available basis. Non-majors who wish advising regarding clustering courses to reach individual learning goals should consult with the BSW Program Coordinator.

The School of Social Work Student Handbook issued to all departmental majors contains details on all aspects of the Bachelor of Social Work Program.



Social Work  
Salem State College  
Advisor: \_\_\_\_\_

Name: \_\_\_\_\_  
Date admitted into Major: \_\_\_\_\_  
Transfer credits: \_\_\_\_\_

**BACHELOR OF SOCIAL WORK**

**CORE REQUIREMENTS**

**Competency-Based Skills**

- @  Basic College Math
- @  Reading Comprehension
- @  Computer Literacy

@	ENG	101	Composition I	3	_____
@	ENG	102	Composition II	3	_____
@	SPC	101	(Speech)	3	_____
@	SFL	194	Health and Wellness	3	_____

Physical Education Activities (1 cr. total)

@	SFL	_____	_____	_____	_____
@	SFL	_____	_____	_____	_____

**Distribution Sequences (20 credits)**

_____	_____	(Literature I)	3	_____	
_____	_____	(Literature II)	3	_____	
*	BIO	122	World of Cells	4	_____
*	BIO	124	Human and Social Biology	4	_____
@	HIS	101	History of World Civilization I	3	_____
@	HIS	_____	(History II)	3	_____

**Distribution Electives (18 credits)**

Among the distribution electives, the student must earn at least 3 but no more than 9 additional semester hours in each of the three divisions.

**Humanities (Division I)**

**	PHL	_____	Philosophy Elective	3	_____
*	_____	_____	Humanities Elective	3	_____

**Science/Mathematics (Division II)**

*	MAT	247	Statistics I	3	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**Social Sciences (Division III)**

*	PSY	101	General Psychology	3	_____
*	HIS	209N	History of U.S. Social Welfare	3	_____
*	SOC	201	Introduction to Sociology	3	_____

(Note: Courses allowable as distribution electives are marked 'D' in the College Catalog or indicated by appropriate footnotes.)

**COURSES IN MAJOR (42 credits)  
#(39 credits for Foreign Language Option)**

**Freshman Year**

SWK	100	Introduction to Social Welfare	3	_____
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**Sophomore Year**

SWK	200	Social Service Volunteer Practicum	3	_____
SWK	270	Race, Class & Ethnicity	3	_____

**Junior Year**

SWK	301	Generalist Practice I	3	_____	
SWK	302	Generalist Practice II	3	_____	
+	SWK	360	Human Behavior and Social Environment	3	_____
+	SWK	380	Research Methods	3	_____
SWK	_____	Social Work Elective	3	_____	

**Senior Year**

SWK	404/5	Field Work I & II	10	_____	
SWK	406/7	Field Work Seminar I & II	2	_____	
#	SWK	_____	Social Work Elective	3	_____
+	SWK	410	Social Policy: Theory & Action	3	_____

**SUPPORT COURSE (21 CREDITS)**

**# (18 credits for Foreign Language Option)**

PSY	218	Childhood & Adolescence	3	_____
PSY	322	Adulthood & Old Age	3	_____
SOC	_____	Sociology Elective	3	_____
_____	_____	African-American Studies Elective	3	_____
ECO	_____	Economics Elective	3	_____
POL	_____	Political Science Elective	3	_____
_____	_____	Urban Studies Elective	3	_____

**FREE ELECTIVES (12 credits)**

**# (6 credits for Foreign Language Option)**

_____	_____	_____	3	_____
_____	_____	_____	3	_____
_____	_____	_____	3	_____
_____	_____	_____	3	_____

**#Foreign Language Option:**

Curriculum may be adjusted to accommodate four semesters of a foreign language, which would substitute for the following elective and support courses: one SWK elective, one SOC support elective, and two free electives.

**# FOREIGN LANGUAGE (12 credits)  
(SPANISH RECOMMENDED)**

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

- @ Requirements so marked should be completed within the first 53 credits of study (i.e., before Junior status). Exceptions will be made for transfer students.
- \* These are **required** support courses which may also be used to satisfy the indicated Distribution requirements. A student may choose to fulfill Distribution requirements with courses other than the ones listed, but these listed courses must still be taken.
- \*\* PHL 209 Social Ethics or PHL 305 Social & Political Philosophy recommended.
- + These courses must be satisfactorily completed before completion of SWK 404/405 and SWK 406/407.

Note: If a course is used to satisfy two or more requirements (for example, a support course and a distribution elective), the credits are counted in only one place. Using a course to satisfy more than one requirement does **not** reduce the credit total required for graduation.

**Total credits for graduation: 126**

Effective: 9/04



COURSE DESCRIPTIONS

SOCIAL WORK

**SWK 100 Introduction to Social Welfare 3 credits**

This course examines the response of U.S. society to human needs. Particular attention is paid to the historical evolution of the American social welfare system and to its relationship to poverty and wealth. Social welfare is studied from a policy perspective and students are given tools for beginning social policy analysis. Students study the relationship between private troubles and public issues as well as the role of the social work profession in relation to both. Three lecture hours per week. Required of all Social Work majors and minors.

**SWK 200 Social Services Volunteer Practicum 3 credits**

Emphasis is on a community field experience in a social service agency. Students are expected to: (1) volunteer for a minimum of three hours per week for the entire semester (total minimum: 45 hours); (2) participate in an Orientation Meeting and two hours of seminar time per week; (3) meet with the instructor at least once during the semester; (4) submit the required written assignments dealing with the practicum experience. Required of Social Work majors and minors.

Prerequisite: SWK 100.

**SWK 250 Principles and Methods of Social Work 3 credits**

This course uses social systems theory and a related problem-solving framework for its theoretical base. A systematic problem-solving process and related social work skills are presented as the basic tools for the Generalist Social Worker. The roles and functions of the Social Work Generalist are examined in light of current social problems and policies. Teamwork and coordination with other human service workers are stressed. Required of Social Work majors. Three lecture hours per week. Not open to students who have received credits for SWK 370.

Prerequisite: SWK 200.

**SWK 270 Race, Class & Ethnicity: Their Impact upon the Social Services 3 credits**

The purpose of this course is to explore the consequences of race, class and ethnicity for social welfare institutions and social work professionals. Among the topics explored are the psychological and institutional consequences of oppression and minority-group status; institutional racism; the helping relationship in the intercultural setting; and alternative strategies for eliminating discriminatory and oppressive social policies. Readings, class discussions, and experiences aim to assist students in developing interculturally-sensitive social work values and techniques. Three lecture hours per week. Required of all Social Work majors and minors.

Prerequisites: SOC 201 and PSY 101 or approval of Department Chairperson.

**SWK 300 Advanced Social Work Methods 3 credits**

This course prepares students to practice generalist skills in social service settings. Major emphasis is on interviewing techniques, assessment, intervention skills and strategies used with individuals, families, groups and communities. Course content includes direct practice of skills in addition to increasing the student's theoretical understanding. The course utilizes readings, lecture, group experiences, role-play and videotaping. Three lecture hours per week plus some videotaping sessions outside of class. Required of and open only to Social Work majors.

Prerequisite: A cumulative grade point average of B- or better in SWK 100, SWK 200, SWK 250.

**SWK 301 Generalist Practice I 3 credits**

The first of a two-semester sequence preparing students for generalist practice guided by the values and ethics of the social work profession. Included are the beginning stages of the problem-solving process, relationship building, interviewing, data collection, and assessment with individuals, families, small groups, organizations and communities. Three lecture hours per week plus videotaping. Required of and open only to Social Work majors.

Prerequisite: Grade B- or better in SWK 100 and SWK 200 or equivalent. Not open to students who have received credits for SWK 250.

**SWK 302 Generalist Practice II 3 credits**

The second of a two-semester sequence preparing students for generalist practice guided by the values and ethics of the social work profession. Included are goal setting and the planning, intervention and evaluation skills and strategies used with individuals, families, small groups, organizations and communities. Three lecture hours per week plus videotaping. Required of and open only to Social Work majors.

Prerequisite: A grade of B- or better in SWK 301 is required to move on to SWK 302. Not open to students who have received credits for SWK 300.

**SWK 310 Family and Child Welfare 3 credits**

This course covers policies, organization of services and social work processes in delivering child welfare services. It covers historical attitudes and resulting policies and legislation; home-based services and services for children living away from their biological families. It explores approaches for strengthening family life, protecting children from neglect and abuse and reviews the foster care placement and adoption processes. Three lecture hours per week.

**SWK 325 Developmental Disabilities in a Social Work Context 3 credits**

This course examines the theoretical, social, political and social work practice aspects of working with people with disabilities, with emphasis on developmental disabilities (DD). Focus is on delivery systems serving people with DD and issues involved in a social work practice with this population. Particular attention is paid to the at-risk status of persons with DD. Students use various strategies to clarify their personal potential to work with persons with disabilities. Three lecture hours per week.

**SWK 330 Social Services for Women Clients 3 credits**

This course focuses on the needs of women and on services provided for them as a class of social service clients. A major theme is the issue of sexism and its effect on women. The course covers both conventional and non-conventional services for women, the impact of the women's movement and the changing roles of women upon these services. The practical implications of sexist norms in society are explored and non-sexist models are developed. Three lecture hours per week.

**SWK 333 Poverty: Implications for Social Services 3 credits**

The course deals with theoretical perspectives on poverty, including its extent and causes in our society; e.g., institutional and social policy issues, racism, sexism, political-economic issues. The course also explores individual, group and system-wide change strategies for dealing with poverty. Three lecture hours per week.

**SWK 340 Global Social Justice and Social Policy 3 credits**

Global social welfare issues and their relationship to domestic issues are the focus of this course. Policies and institutions involved in distribution of global resources and social welfare provisions, e.g., food, education, land and health care are analyzed, with particular emphasis on First/Third World relations. The human impact of these systems is studied, as are avenues for work toward a just world order. Three lecture hours per week.

Prerequisite: SWK 100 or permission of Department Chairperson.

**SWK 350 Survey of Community Services 3 credits**

This course is designed to familiarize the student with the operations of social service agencies. Attention is paid to services available within the community, eligibility factors for these services and the process of determining the appropriateness of services and referrals. Attempts are made to cover specific areas of interest in response to student requests. The emphasis is on specific North Shore agencies characteristic of services found throughout the country. Three lecture hours per week.

**SWK 360 Human Behavior & Social Environment: Implications for Social Services 3 credits**

This course considers the interface between behavioral/psychological processes and the social environment out of which they grow. Both systems theory and the ecological perspective provide integrating models for foundation material from biology, psychology, sociology and social work theory. The course draws linkages between this content and the provision of social services to individuals, families, groups and communities by social workers based in organizational settings. Three lecture hours per week. Required of all Social Work majors.

Prerequisites: SOC 201, PSY 218, and PSY 322.

**SWK 372 Institute for Undoing Racism 3 credits**

The Institute for Undoing Racism is designed to enhance the student's awareness of the phenomenon of racism and the methods and techniques to undo it. The Institute provides knowledge, emphasizes values, and offers skills to eliminate racism on a personal and institutional level. Students enrolled in this course must participate in the scheduled classes and an intensive weekend session. They must also do the required assigned readings, submit various written assignments, and design an action plan that focuses on undoing racism.

**SWK 380 Research Methods 3 credits**

This course provides an introduction to the general principles of research methods in the social sciences with particular emphasis on social work agencies and evaluative research. Students become familiar with basic research concepts and are able to understand and critique journal articles. Students are encouraged to conduct small research projects. Three lecture hours per week. Required of all Social Work majors.

Prerequisite: MAT 247, SOC 201, PSY 101 and SWK 100, or permission of Department Chairperson.

**SWK 385 Social Services in Mental Health Settings 3 credits**

This course offers a broad introduction to social work in the field of mental health including work in institutional and community-based settings. Major policy considerations in the delivery of mental health services are addressed as well as a variety of intervention strategies. A major emphasis is on the social worker's role in the mental health field and as a member of an interdisciplinary team with other mental health professionals. Three lecture hours per week.

Prerequisite Junior/Senior status.

**SWK 395 Social Work & the Elderly 3 credits**

This course examines the status of the elderly and the special problems they confront in our society. It focuses on social agencies and other service resources for the elderly and analyzes those policies which most affect their lives. Students are encouraged to develop sensitivity to factors involved in the aging process and to develop the attitudinal self-awareness necessary for empowering elderly clients. Three lecture hours per week.

**SWK 404 & 405 Field Work I & II 5 credits each**

Student is placed in a social work agency or institution under the supervision of a qualified social worker for a minimum of 425 hours of professional practice over both courses. The educational quality of the field experience is assured by a faculty person who maintains a liaison relationship with the agency. Required of and open only to Social Work Majors. Offered on a continuing basis both semesters. Prerequisite: Fulfillment of all academic/professional requirements as determined by the School of Social Work.

Co-requisites: SWK 406 for SWK 404 and SWK 407 for SWK 405.

**SWK 406 & 407 Field Work Seminar I & II 1 credit each**

The goals of the seminar are to reinforce and synthesize Social Work values, concepts, principles and skills learned in the classroom and the field work experience. Students are expected to do special readings and assignments as well as share with their peers the knowledge they gained and their field work experiences. One seminar hour per week. Required of and open only to Social Work majors.

Co-requisite: SWK 404 for SWK 406 and SWK 405 for SWK 407.

**SWK 410 Social Policy: Theory and Action 3 credits**

The knowledge and skills needed for the macro component of generalist social work practice are the focus of this course. Skill in social welfare policy research analysis and evaluation is developed and students gain experience in preparing and presenting a policy position both orally and in writing. Students take this course concurrently with fieldwork in order to examine policy relevant to their field experience. Adjustments are made for block fieldwork students. Three lecture hours per week.

Prerequisite: SWK 302.

Co-requisite: SWK 404 or SWK 405.

**SWK 415 Community Organization and Social Change 3 credits**

This course addresses the fundamental analytical and interactional skills required in organizing on a community level. Working from an empowerment theoretical base, students are given practice in the assessment of community needs and strengths, development and implementation of appropriate strategies and tactics and evaluation of change. Direct experience in community organizing comprises a major part of the course content. Three lecture hours per week.

Prerequisites for non-majors: SOC 201 and PSY 101; also suggested: SWK 301.

**SWK 420 Social Work Intervention with Groups 3 credits**

This course presents basic theory and concepts of small group dynamics. It examines the role of the social worker as group facilitator in a variety of settings. The course provides students with the opportunity to discuss the dynamics of facilitating group process within family, neighborhood and community groups. Three lecture hours per week.

**SWK 435 Religious Institutions and the Delivery of Social Services 3 credits**

Religious institutions and social welfare agencies traditionally have performed parallel functions of delivering social services and organizing mutual aid activities. This course studies and clarifies the unique relationship between religion and social welfare and examines the raising of a society's consciousness about social justice and the delivery of social services of both these systems. The course explores the similarities and differences and collaborative possibilities between the two systems in the areas of policies, programs, and the worker/client relationship. Three lecture hours per week.

**SWK 444 Humanizing Organizations 3 credits**

The aim of this course is to provide a theoretical base to study organizations and to explore strategies to make organizations more responsive to the needs of their environment. The course studies the nature and structure of organizations, their role in society, their impact upon the workers and upon the environment. Several organizational theories are reviewed with an emphasis on the bureaucratic structure. Three lecture hours per week.

**SWK 450 Child Abuse and Neglect: Emotional, Social, Legal, Interventive Aspects 3 credits**

This course offers a conceptual framework for understanding the dynamics of child abuse and neglect. It examines the historical, legal, policy, treatment and prevention issues concerning child abuse and neglect. The course methods consist of lectures, films, role play, case studies and guest lecturers. Three lecture hours per week.



**SWK 455A Services and Treatment for Substance Abuse 3 credits**

This course is designed to provide a broad range of practical and theoretical information about substance abuse as a major problem in our society. Students examine and evaluate the use and abuse of alcohol and drugs, the causes of substance abuse and methods of prevention, recognition and treatment. Special effort is directed toward the development of skills and expertise in dealing with alcohol and drug problems. Three lecture hours per week. Prerequisite: SOC 201 or PSY 101.

**SWK 475 Social Services for the Adolescent 3 credits**

This course focuses on adolescent needs and development in the context of social service delivery systems. Private and governmental service delivery systems and programs are delineated. Successful therapeutic techniques and strategies for working with adolescents are covered. A wide range of adolescent problems are discussed and the structures set up to address them are explored. Three lecture hours per week.

**SWK 477 Social Work with Families in Transition 3 credits**

This course focuses on the impact of divorce, single parenting and remarriage on family life and family members. Social policies related to these life transitions are delineated. A major emphasis is the role that social workers can play in establishing and providing social services to maximize family functioning during these transitions. Three lecture hours per week.

**SWK 495 Social Services for Families in Crisis 3 credits**

This course presents a theoretical model of crisis and crisis intervention including the perspectives and contributions of major theorists. It explores the maturational crises inherent in the life cycle of the family as well as various situational crises including family violence. The course covers "hands on" methodology including assessment, service planning, counseling and case management. Through case presentation, role-play and other experiential exercises, participants have an opportunity to apply theory and methodology to case situations. Three lecture hours per week.

**SWK 510 Directed Study in the Generalist Approach 3 credits**

Enrollment limited to students with considerable volunteer or employment experience in the social services and who can provide required supporting documents from a social service agency. Students must meet initially with the Department Chairperson of the School of Social Work. The directed study focuses on facilitating the students' analysis of previous social service experience within the framework of the generalist approach in social work. A substantial paper is required. This course may substitute for SWK 200, Social Services Volunteer Practicum.

**SWK 515 Directed Study in Social Work 3 credits**

The student studies in depth some aspect of social work under the direction of a faculty member from the School of Social Work. The course requires a research paper and periodic meetings with the faculty member. The course may be repeated for an additional three credits in exceptional cases and with the approval of the Department Chairperson. Open only to Juniors and Seniors majoring or minoring in Social Work. Occasional exceptions are made with the approval of the Department Chairperson.