



COUNSELING SERVICES

Counseling Services offers a variety of services to the campus community including individual and group counseling; career counseling; workshops on contemporary issues in response to students' needs; and consultation to students, staff and faculty. For an appointment, call 978-542-6410 or stop in at Meier Hall Room 224.

Counseling Services has professionally trained staff who view personal concerns as a normal part of the growth process. Counseling is designed to help students solve problems and reduce the physical and emotional stresses which may interfere with academic or personal goals. Students frequently seek counseling for family or relationship difficulties, alcohol and drug use, depression or anxiety.

All services are available in a comfortable and confidential environment without charge to Salem State College students. Appropriate community referrals are provided when necessary.

Counseling Services is open Monday and Friday between 8:30 a.m. and 5:00 p.m., and Tuesday through Thursday between 8:30 a.m. and 7:00 p.m. Check out our web site at www.salem.mass.edu/counseling/welcome.html.

CAREER SERVICES

Career issues are often the primary motivating factor for individuals enrolling in graduate school. Whether your goal is to add to your skill base, transition to a new career or to advance within your current situation, the Office of Career Services provides a variety of services to support individuals as they navigate career decisions.

- Counseling – Individual appointments are available to assist current students and alumni with their career development needs. Through conversation, activities and inventories, students will clarify their values, interests, personality preferences and skills allowing for clarification of career goals. Additionally, job search support is available through individual counseling sessions. Appointments are required, call 978-542-6406 to schedule a convenient time.
- Seminars – A variety of seminars are offered throughout the year including: resume writing, interview preparation and job search strategies. Registration is required. For a schedule of upcoming programs check the LOG (first edition of the semester), www.salem.mass.edu/careersvs/index.htm or call 978-542-6406.
- Career Resource Center – The center houses a collection of CD ROM, video and print resources, directories and labor market information (salary, industry outlook). The center also maintains listings of full-time permanent positions and internship listings in the JOB BANK. Positions on-line are listed through JOB TRAK. See our web site for more information.
- On-Campus Recruiting – Students graduating during the current academic year are eligible to participate in interviews scheduled on campus. For the most up to date listing of who is on campus and when, refer to the web page. www.salem.mass.edu/careersvs/index.htm. Lists are also posted in the Harrington Building Lobby (South Campus), the Ellison Campus Center, Meier Hall lounge and the CALL Center located in the Sullivan Building.